

This Month's Theme:
Nutrition & Wellness



JUNE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Water Play Days Begin!</p>	<p>1</p>  <p>On Monday he ate through one apple. But he was still hungry.</p>	<p>2</p>	<p>3</p>  <p>Discuss Healthy Sleep</p>	<p>4</p> <p>BOOK OF THE WEEK</p> 	<p>5</p>	<p>9</p>
<p>7</p>	<p>8</p>  <p>And try colorful fruits!</p>	<p>9</p>  <p>On Tuesday he ate through two pears. But he was still hungry.</p>	<p>10</p> <p>BOOK OF THE WEEK</p> 	<p>11</p> <p>Thankful Thursday — Show & Tell! Bring a toy, picture, drawing, or other item you're thankful for.</p>	<p>12</p>	<p>13</p> <p>National Family Health and Fitness Day</p> 
<p>14</p>	<p>15</p>  <p>Walk into Wellness!</p>	<p>16</p> 	<p>17</p>  <p>On Wednesday he ate through three plums, but he was still hungry.</p>	<p>18</p> <p>BOOK OF THE WEEK</p> 	<p>19</p> 	<p>20</p>
<p>21</p> 	<p>22</p>  <p>Dance Breaks All Day!</p>	<p>23</p>	<p>24</p>  <p>Bubbles & Deep Breathing</p>	<p>25</p>  <p>On Thursday he ate through four strawberries, but he was still hungry.</p>	<p>26</p> <p>BOOK OF THE WEEK</p> 	<p>27</p>
<p>28</p> 	<p>29</p>	<p>30</p> <p>Yoga Day</p> 		<p>On Friday he ate through five oranges, but he was still hungry.</p>		